

CURRICULUM VITAE
Ajeng Puspitasari, PhD, LP, ABPP
December 2024

Contact Information

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Education

2014-2015 Pre-Doctoral Clinical Internship
Alpert Medical School-Brown University
Providence, RI

2012-2015 PhD, Clinical Psychology
University of Wisconsin-Milwaukee
Milwaukee, WI

2007-2012 M.A., Clinical Psychology
University of Wisconsin-Milwaukee
Milwaukee, WI

2004 – 2007 B.A., Sociology, Anthropology, Human Services, Psychology (Minor)
University of Minnesota-Morris
Morris, MN

Post-Graduate Training

2015-2017 Post-Doctoral Fellowship in Implementation Science
Indiana University
Bloomington, IN

2023-2024 Certificate in Healthcare Administration – Behavioral Health Track
University of Minnesota – Twin cities
Minneapolis, MN

Academic and Professional Appointments

2024 – Present Clinical Professor and Director of Clinical Training
University of Wisconsin-Milwaukee
Department of Psychology
Milwaukee, WI

2024 – Present Center for Evidence-Based Practice
Co-Founder and Director
Milwaukee, WI

2023 –2024	Regional Executive Director – Clinical Denver, Illinois, Minnesota, Wisconsin Rogers Behavioral Health
2023 –2023	Senior Clinical Director Northern Service Area Rogers Behavioral Health
2021 - 2023	Clinical Director Rogers Behavioral Health Twin Cities Twin Cities, MN
2017 – 2021	Assistant Professor of Psychology Mayo Clinic College of Medicine and Science Rochester, MN
2017-2021	Senior Associate Consultant Department of Psychiatry and Psychology Mayo Clinic Rochester, MN
2017 – 2021	Clinical Director John E. Herman Home and Treatment Facility Adult Transitions Program Mayo Clinic Rochester, MN
2016-2017	Research Associate Rogers Behavioral Health Oconomowoc, WI

Certification

2021	American Board of Professional Psychology (ABPP) Behavioral and Cognitive Specialty
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Licensure

2018 - Present	Licensed Psychologist #LP6254, State of Minnesota
2023 - Present	Licensed Psychologist #5074-57, State of Wisconsin
2024 - Present	Licensed Psychologist #3885, State of Oregon
2023 - Present	Authority to Practice Interjurisdictional Telepsychology (APIT), #15012

Awards and Honors

2015-2016	Full Tuition Scholarship Beck Institute
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2011 – 2013	John and Lyn Schiek Research Award University of Wisconsin – Milwaukee
2013	The Chancellor’s Golda Meir Library Scholar Award Nominee University of Wisconsin – Milwaukee
2013	Senate Appropriations Committee Travel Grant University of Wisconsin – Milwaukee
2013	Department of Psychology Summer Research Fellowship University of Wisconsin – Milwaukee
2013	Distinguished Dissertation Fellowship University of Wisconsin – Milwaukee
2013	Graduate School Travel Award University of Wisconsin – Milwaukee
2007-2012	Graduate Teaching Fellowship University of Wisconsin – Milwaukee
2012	Outstanding Doctoral Student Professionalism Award Milwaukee Area Psychological Association
2012	The Margaret Bernauer Psychology Research Award Wisconsin Psychological Association
2012	Senate Appropriations Committee Travel Grant University of Wisconsin – Milwaukee
2012	Graduate School Travel Award University of Wisconsin – Milwaukee
2011	Graduate School Travel Award University of Wisconsin – Milwaukee
2007	Scholars of the College Award University of Minnesota – Morris
2004	Multi-Ethnic Student Program Academic Excellence University of Minnesota – Morris

National Responsibilities and Service

2024 - Present	Board Member	Institute for Better Health
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2023- Present	Board Member	Advisory Committee for the APA Measurement-Based Care and Mental and Behavioral Health Registry American Psychological Association
2020-2023	Co-President	Process-Based Therapy Special Interest Group Association of Contextual and Behavioral Sciences
2015-2017	Chair	New Investigator Network of Expertise Society of Implementation Research Collaboration
2015-2016	Mentor	Garuda Bisa Mentorship Program Indonesian Young Professional Organization

Department Service

2023 – Present	Chair	Psychology Services Committee Rogers Behavioral Health
2022-Present	Co-Chair	Institutional Review Board (IRB) Rogers Behavioral Health
2020-2021	Invited member	Diversity and Inclusion Committee Department of Psychiatry and Psychology Mayo Clinic
2020-2021	Invited member	Research Committee Department of Psychiatry and Psychology Mayo Clinic
2020-2021	Invited member	Digital Health and Platform Committee Department of Psychiatry and Psychology Mayo Clinic
2014-2015	Member	Diversity Committee Alpert Medical School of Brown University
2012-2014	Graduate Student Representative	Diversity Committee Department of Psychology University of Wisconsin-Milwaukee

Research Funding

Completed

2018-2020	Principal Investigator	New Investigator Research Award Department of Psychiatry and Psychology Mayo Clinic
2015-2017	Co-Principal Investigator	The Role of Social Networks in the Implementation of Measurement-Based Care for Depression: A Mixed Methods Study. Funded by Indiana University Networks, Complex Systems & Health Project Development Team Research Grant

Publications

Peer Reviewed

1. Pahwa M, Kucuker MU, Ho MC, **Puspitasari AJ**, Moore KM, Betcher HK, Frye MA, Singh B, Ozerdem A, Veldic M. (2023) Medical comorbidities in women with bipolar disorder: A systematic review. *Journal of Affective Disorder*.
2. Marriott BR, Walker MR, Howard J, **Puspitasari AJ**, Scott K, Albright K, Lewis CC. (2023) Taking a magnifying glass to measurement-based care consultation sessions: With what issues do mental health clinicians struggle? *Cognitive and Behavioral Practice*.
3. Bogucki, O., Pankey, T., Kacel, E., Schumann, M., Gonzalez, C., **Puspitasari, A. J.**, Morrison, E. (2022) Clinical health psychology in healthcare: Roles and responsibilities within the interdisciplinary team. *Journal of Interprofessional Education and Practice*.
4. Kassab, H., Scott, K., Boyd, M., **Puspitasari, A. J.**, Endicott, D., Cara, L. (2022). Tailored isn't always better: Impact of standardized versus tailored training on intention to use measurement-based care". *Implementation Research and Practice*.
5. Heredia Jr., D., Pease, E., **Puspitasari, A. J.** (2022). The promise of residential treatment to support functional and vocational recovery for young adult with bipolar disorder. *Bipolar Disorder*.
6. Lewis, C. C., Scott, K., Boyd, M., **Puspitasari, A. J.**, Walker, M., Mendel, P., Kroenke, K. (2021). Standardized versus tailored implementation of measurement-based care for depression in community mental health. *Psychiatric Practices*.
7. **Puspitasari, A. J.**, Heredia Jr, D., Gentry, M., Sawchuk, C., Theobald, B., Moore, W., Tiede, M., Galardy, C., Schak, K. (2021) Rapid adoption and implementation of telehealth group psychotherapy during COVID-19: Practical strategies and recommendations. *Cognitive and Behavioral Practice, 28 (4), 492-506*.
8. **Puspitasari, A. J.**, Heredia Jr, D., Coombes, B. J., Geske, J. R., Gentry, M. T., Moore, W. R., Sawchuk, C. N., Schak, K. M. (2021) Feasibility and initial outcomes of a group-based teletherapy psychiatric day program for adults with serious mental illness: Open, nonrandomized trial in the context of COVID-19. *JMIR Mental Health, 8(3), e25542*.
9. **Puspitasari, A. J.**, Heredia Jr, D., Weber, E., Betcher, H. K., Coombes, B. J., Brodrick, E. M., Skinner, S. M., Tomlinson, A. L., Salik, S. S., Allen, S. V., O'Grady, J. S., Johnson, E. K., L'amoureux, T. M., Moore, K. M. (2021) Perinatal mood and anxiety disorder management in multicenter community practices: Clinicians' training, current practices and perceived strategies to improve future implementation. *Journal of Primary Care & Community Health*. doi.org/10.1177/2150132721996888.

10. Gentry, M. T., **Puspitasari, A. J.**, McKean, A. J., Williams, M. D., Breitinger, S., Geske, J. R., Clark, M. M., Moore, K. M., Frye, M. A., Hilty, D. M. (2021) Clinician satisfaction with rapid adoption and implementation of telehealth services during the COVID-19 pandemic. *Telemedicine and e-Health*. doi.org/10.1089/tmj.2020.0575.
11. Skime, M., **Puspitasari, A. J.**, Gentry, M., Heredia Jr, D., Sawchuk, C., Moore, K., Taylor-Desir, M., Schak, K. (2021) Patient satisfaction and recommendations for delivering a group-based intensive outpatient program via telemental health during the COVID-19 pandemic. *JMIR Mental Health*
12. Dorsey, C. N., Mettert, K. D., **Puspitasari, A. J.**, Damschroder, L. J., Lewis, C. C. (2021) A systematic review of measures of implementation players and processes: Summarizing the dearth of psychometric evidence. *Implementation Research and Practice*, 2, 26334895211002474.
13. Sawchuk, C. N., Mulhollan, H., Trane, S., Lebow, J. R., **Puspitasari, A. J.**, Lombardi, N. (2020) What to do when evidence-based treatment manuals are not enough? Adapting evidence-based psychological interventions for primary care. *Cognitive and behavioral practice*, 27(4), 377-391. doi.org/10.1016/j.cbpra.2020.05.003.
14. Niazi, S. K., Spaulding, A., Vargas, E., Chauhan, M., Nordan, L., Vizzini, M., **Puspitasari, A. J.**, Uitti, R. J., Rummans, T. (2020) Feasibility study of three-phase implementation of international consortium for health outcomes measurement depression and anxiety standard set in an outpatient consultation-liaison psychiatry practice. *Psychosomatics*, 61(1), 8-18. doi.org/10.1016/j.psych.2019.08.006.
15. Santos, M. M., Ullman, J., Leonard, R. C., **Puspitasari, A. J.**, Cook, J., Riemann, B. C. (2019) Behavioral activation as a mechanism of change in residential treatment for mood problems: A growth curve model analysis. *Behavior Therapy*, 50(6), 1087-1097. doi.org/10.1016/j.beth.2019.05.004.
16. Lewis, C. C., Boyd, M., **Puspitasari, A. J.**, Navarro, E., Howard, J., Kassab, H., Hoffman, M., Scott, K., Lyon, A., Douglas, S., Simon, G., Kroenke, K. (2018) Implementing measurement-based care in behavioral health: A review. *JAMA Psychiatry*, 76(3), 324-335. doi:10.1001/jamapsychiatry.2018.3329.
17. Lewis, C. C., **Puspitasari, A. J.**, Boyd, M. R., Scott, K., Marriott, B. R., Hoffman, M., Navarro, E., Kassab, H. (2018) Implementing measurement-based care in community mental health: A description of tailored and standardized methods. *BMC Research Notes*, 11(1), 1-6.
18. **Puspitasari, A. J.**, Kanter, J. W., Busch, A. M., Leonard, R., Dunsiger, S., Cahill, S., Martell, C., Koerner, K. (2017) A randomized controlled trial of an online, modular, active learning training program for behavioral activation for depression. *Journal of Consulting and Clinical Psychology*, 85(8), 814. doi.org/10.1037/ccp0000223.
19. Kanter, J. W., **Puspitasari, A. J.** (2016) Global dissemination and implementation of behavioural activation. *The Lancet*, 388(10047), 843-844. doi.org/10.1016/S0140-6736(16)31131-X.
20. Busch, A. M., Ciccolo, J. T., **Puspitasari, A. J.**, Nosrat, S., Whitworth, J. W., Stults-Kolehmainen, M. A. (2016) Preferences for exercise as a treatment for depression. *Mental Health and Physical Activity*, 10, 68-72). doi.org/10.1016/j.mhpa.2015.12.004
21. **Puspitasari, A. J.**, Jonathan, K. W., Murphy, J., Crowe, A., Koerner, K. (2013) Developing an online, modular, active learning training program for behavioral activation. *Psychotherapy*, 50(2), 256.

Chapters in Books

1. Martell, C. R., & **Puspitasari, A. J.** (2023). Cognitive and behavioral avoidance. In D. J. A. Dozois & K. S. Dobson (Eds.), *Treatment of psychosocial risk factors in depression* (pp. 359-381). American Psychological Association.
2. Santos, M. M., **Puspitasari, A. J.**, Nagy, G. A., Kanter, J. W. (2021) Behavioral activation. In A. Wenzel (Ed.), *Handbook of cognitive behavioral therapy: Overview and approaches* (pp. 235-273). American Psychological Association. doi.org/10.1037/0000218-009.

3. Kanter JW, **Puspitasari AJ**, Santos MM, Nagy GA. (2014) Social Work and Behavioral Activation. In: B. Matthew. Mindfulness and Acceptance in Social Work. Oakland, CA: New Harbinger Publications;
4. Kanter JW, **Puspitasari, A, J.** (2012) Behavioral Activation. In: W. O'Donohue & J.E. Fisher. Core Principles of Cognitive Behavior Therapy . Hoboken, NJ: John Wiley.

Publications in Non-Refereed Journals/Other Sources

1. Lewis, C. C., Stanick, C., Lyon, A., Darnell, D., Locke, J., **Puspitasari, A.,** & Thayer, J. (2018). Proceedings of the 4th Biennial Conference of the Society for Implementation Research Collaboration (SIRC) 2017: Implementation mechanisms: what makes implementation work and why? Part 1. In *Implementation Science*, 13(Suppl 2).
2. Lewis, C. C., Darnell, D., Kerns, S., Monroe-DeVita, M., Landes, S. J., Lyon, A. R., & **Puspitasari, A. J.** (2016, June). Proceedings of the 3rd Biennial Conference of the Society for Implementation Research Collaboration (SIRC) 2015: Advancing efficient methodologies through community partnerships and team science. In *Implementation Science*, 11 (1).

Invited Presentations and Continuing Education Training

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| 2024 | Puspitasari, A. J. (September). Culturally responsive behavioral activation. Great Lakes Mental Health Technology Transfer Center. Madison, WI. Invited continuing education training. |
| 2024 | Puspitasari, A. J. (September). Parenting children with anxiety. Ozaukee Family Services. Mequon, WI. Invited community presentation. |
| 2024 | Puspitasari, A. J. & Myers, E. (May). Treatment for adults with comorbid and complex conditions using process-based cognitive and behavior therapy and pharmacology. Care Counseling. Minneapolis, MN. Invited grand round presentation. |
| 2024 | Puspitasari, A. J. (May). Career Paths in Clinical Psychology. Universitas Gadjah Mada. Yogyakarta, Indonesia. Invited Workshop. |
| 2024 | Puspitasari, A. J. (April). Strategies to Publish in International Scientific Journals. Universitas Gadjah Mada. Yogyakarta, Indonesia. Invited Workshop. |
| 2024 | Puspitasari, A. J. Moran, Z. (March). Introduction to culturally responsive behavioral activation. The Paquette Center for Psychological Services. Madison, WI. Invited 1-day continuing education training. |
| 2024 | Puspitasari, A. J. (January). Strategies to implement culturally responsive evidence-based psychotherapeutic interventions in diverse clinical setting. Universitas Gadjah Madha. Yogyakarta, Indonesia. |
| 2023 | Maliken, A & Puspitasari, A. J. (December). DBT in a nutshell, skills, and working well with suicidal clients. Portland DBT Institute. Portal, OR. Invited 4-day continuing education training. |

- 2023 Leonard, R & **Puspitasari, A. J.** (September). Behavioral activation: principles and strategies. Rogers Behavioral Health. Los Angeles, CA. Invited continuing education training.
- 2023 **Puspitasari, A. J.** & Berg, R. (April). Validation skills for adolescents and families. Minnesota Association for Children’s Mental Health (MACMH). Duluth, MN. Invited Continuing Education Training.
- 2022 **Puspitasari, A. J.** (December). Living a Meaningful Life Physically, Psychologically, and Spiritually. The 3rd Annual Convention of Muhammadiyah USA. Milwaukee, WI.
- 2022 **Puspitasari, A. J.** & Rajanna, H. (August). Evidence-based psychological and pharmacological interventions for perinatal mood and anxiety disorders. Rogers Behavioral Health Webinar Series. Minneapolis, MN. Invited continuing education training.
- 2022 **Puspitasari, A. J.** (April). Tailoring Behavioral Activation Implementation during a Pandemic to Treat Adolescent Depression. Minnesota Association for Children’s Mental Health (MACMH). Minneapolis, MN. Invited continuing education training.
- 2022 **Puspitasari, A. J.** & Leonard, R. (April). The outcome of telehealth intensive outpatient and partial hospitalization program for depression during COVID-19 pandemic. Rogers Behavioral Health. Minneapolis, MN. Invited continuing education training.
- 2022 **Puspitasari, A. J.** & Trenda, M. (April). The role of behavioral activation during COVID-19 pandemic. Universitas Islam National. Yogyakarta, Indonesia. Invited grand round presentation.
- 2021 **Puspitasari, A. J.** (December). Introduction to behavioral activation core strategies. Portland Dialectical Behavior Therapy Institute. Portland, OR. Invited continuing education training.
- 2021 **Puspitasari, A. J.** (November). Behavioral activation for Adolescents. Southlake Pediatrics. Southlake, MN. Invited clinical and behavioral grand rounds.
- 2021 **Puspitasari, A. J.** (August). Lunch/learn: A brief introduction to behavioral activation core strategies. Portland Dialectical Behavior Therapy Institute. Portland, OR. Invited continuing education training.
- 2020 **Puspitasari, A. J.** (September) DBT implementation at residential treatment setting. Invited presentation at Mayo Clinic Department of Psychiatry and Psychology Chair’s Conference. Rochester, MN.

- 2020 **Puspitasari, A. J.** (August) The role of social support and connection to promote mental health recovery. University of Diponegoro. Semarang, Indonesia. Invited lecture.
- 2020 **Puspitasari, A. J.** (August) DBT strategies to manage a crisis, suicidal and parasuicidal behaviors. Invited presentation at the Mayo Clinic Child Psychiatry Fellowship Conference. Rochester, MN.
- 2020 **Puspitasari, A. J.** (August) Teletherapy: current and future trend in behavioral health care. University of Diponegoro. Semarang, Indonesia. Invited Lecture.
- 2020 **Puspitasari, A. J.** (July). Building resilience and psychological flexibility in everyday life. University of Diponegoro. Semarang, Indonesia. Grand rounds presentation.
- 2019 **Puspitasari, A. J.** (July). A discussion on the suicide epidemic. The Commonweal Theatre's "Stones in His Pockets". Rochester, MN. Invited panelist.
- 2019 **Puspitasari, A. J.** (November). How we build this: Strategies for developing your mentoring, research, and community networks in dissemination and implementation science. Association for Behavioral and Cognitive Therapy Annual Conference. Atlanta, GA. Invited panelist.
- 2018 **Puspitasari, A. J.** (May). Transitioning from graduate student to Postdoc and early career. Invited presentation at the Society of Behavioral Medicine. New Orleans, LA.
- 2016 **Puspitasari, A. J.** (September). Introduction to Behavioral Activation. Presented at Cognitive and Behavioral Therapies Graduate Practicum at Indiana University; Bloomington, IN.
- 2016 Goldstein, C., & **Puspitasari, A. J.** (September). From stuck to unstuck: How all staff members can use Acceptance-Based metaphors to help rehab patients appreciate context and change behavior. Workshop was presented at the American Association of Cardiovascular and Pulmonary Rehabilitation Annual Meeting; New Orleans, LA.
- 2016 **Puspitasari, A. J.** & Lewis, C. C. (2016, January-April). Implementing Measurement-Based Care for Depression. 5-month Consultation Series for 2 Community Mental Health Clinics (Centerstone); Indiana and Tennessee.
- 2016 **Puspitasari, A.J.** & Lewis, C. C. (April). Dissemination and Implementation Science. Presented at Foundations of Clinical Science Undergraduate Course at Indiana University; Bloomington, IN.

- 2016 **Puspitasari, A. J.** (February). Behavioral Activation Treatment for Depression. Presented at Intervention and Evaluation Graduate Course at Indiana University; Bloomington, IN.
- 2016 **Puspitasari, A. J.** (January). Additional Behavioral Strategies to Target Inactivation in Behavioral Activation Treatment for Depression. Presented at Cognitive and Behavioral Therapies Graduate Practicum at Indiana University; Bloomington, IN.
- 2015 **Puspitasari, A.J.** & Lewis, C. C. (December). Implementing Measurement-Based Care for Depression. 4-hour training for 2 Community Mental Health Clinics (Centerstone); Indiana and Tennessee.
- 2015 **Puspitasari, A.J.** (April). Acceptance and mindfulness strategies for women with perinatal mood and anxiety disorders. Presented at Women and Infants Hospital; Providence, RI.
- 2015 **Puspitasari, A.J.** (February). Even when we're miles apart: Initial efforts to disseminate Behavioral Activation treatment for depression through online training. Presented at Clinical Division Colloquium Series. Indiana University; Bloomington, IN.
- 2015 **Puspitasari, A.J.** (February). Serious mental illness and Chronic Physical Condition. Presented at the Rhode Island Hospital Department of Psychiatry Case Conference Series. Providence, RI.
- 2014 **Puspitasari, A.J.** (December). Suicidality among chronic pain patients. Presented at the Miriam Hospital Behavioral Medicine Clinic Case Conference Series; Providence, RI.
- 2014 **Puspitasari, A.J.** (September). Acceptance and commitment therapy and weight management. Presented at the Miriam Hospital Behavioral Medicine Clinic Case Conference Series; Providence, RI.
- 2013 Kanter, J. W. & **Puspitasari, A. J.** (2013, June). Behavioral Activation: Level 1 Training. Three-day workshop conducted for the Association of Clinical Psychologists (Ikatan Psikologi Klinis), Jakarta, Indonesia.
- 2013 **Puspitasari, A.J.** & Kanter, J.W. (June). Being a Scientifically Informed Mental Health Provider: Awareness of Recent Changes in the Diagnostic System and Evidence Based Treatment for Depression. Presented at the University of Pancasila; Jakarta, Indonesia.
- 2013 **Puspitasari, A.J.** & Kanter, J.W. (June). Evidence Based Treatment for Depression. Presented at the University of Gajah Mada; Jogjakarta, Indonesia.

- 2013 **Puspitasari, A. J.** (April). Living a Meaningful Life with Epilepsy. Presented at Froedert Hospital Epilepsy Support Group; Wauwatosa, WI.
- 2013 **Puspitasari, A.J.** (March). Coping with Emotions Post Bariatric Surgery. Presented at Froedert Hospital Bariatric Surgery Support Group; Wauwatosa, WI.
- 2012 **Puspitasari, A.J.** & Kanter, J. W. (December). Five-hour online train-the-trainer training for Using Behavioral Activation to Bridge the Gap Between Inpatient and Outpatient Mental Health Care project, Uppsala, Sweden.
- 2012 Kanter, J. W., Dieguez-Hurtado, G., Santos, M. M., Nagy, G. A., **Puspitasari, A. J.** (October). Maximizing Your Effectiveness in Behavioral Activation for Latinos with Depression. Three-hour workshop conducted for the National Association of Social Worker Wisconsin Chapter, Brookfield, Wisconsin.
- 2012 **Puspitasari, A. J.** (June). Behavioral Activation. Two-day workshop conducted for the terminal Master's program in Clinical Psychology at the University of Gajah Mada, Jogjakarta, Indonesia.
- 2012 **Puspitasari, A. J.** (June). Behavioral Activation. Two-day workshop conducted for the Association of Clinical Psychologists (Ikatan Psikologi Klinis), Jakarta, Indonesia.
- 2011 **Puspitasari, A.J.** & Broskowski, J. (July). Campus Connect Suicide Prevention Gatekeeper Training. Three-hour workshop conducted for academic advisors at University of Wisconsin-Milwaukee, Milwaukee, Wisconsin.
- 2011 **Puspitasari, A. J.** & Leahy, R. (April). Campus Connect Suicide Prevention Gatekeeper Training. Three-hour workshop conducted for School of Information Studies at University of Wisconsin-Milwaukee, Milwaukee, Wisconsin.

Selected Conference Presentations

- 2024 Luehrs, R., Young, M., **Puspitasari, A. J.** (April) Moving towards recovery guided by process-based cognitive and behavioral therapy. NAMI Wisconsin 2024 Annual Conference. Rothschild, WI.
- 2024 **Puspitasari, A. J.,** Natala, N. (April) Strategies to cope with school refusal and anxiety for students, teachers, and caregivers. Minnesota Association for Children's Mental Health Child and Adolescent Mental Health Conference. Duluth, MN.

- 2024 **Puspitasari, A. J.,** Leonard, R. (April) The adaptation and implementation of behavioral activation in adult partial hospitalization programs. Minnesota Psychological Association. Minneapolis, MN.
- 2020 **Puspitasari, A. J.,** Sawchuk, C. (August) Can group therapies be done during a time of social distancing? Oral presentation at Mayo Clinic Integrated Behavioral Health Conference. Rochester, MN.
- 2020 **Puspitasari, A. J.,** Heredia Jr., D., Rhode, S., Straus, B., Frye, M. (July) Implementation of process-based cognitive and behavioral therapy in residential treatment program for adults with serious mental illness. Oral presentation at the Association for Contextual and Behavioral Science World Conference. New Orleans, LA.
- 2020 **Puspitasari, A. J.,** Heredia Jr., D., Rhode, S., Straus, B., Frye, M. (July) Improvements in mindfulness and psychological flexibility in adults living with serious mental illness in a multimodal residential program. Poster presentation at the Association for Contextual and Behavioral Science World Conference. New Orleans, LA.
- 2019 Leppin, A., Ridgeway, J., Daraz, L., Lampman, M., Wilson, P., Bangash, H., Kamath, C., **Puspitasari, A.,** Niven, A., Barreto, E. (December). Learning by teaching as a method for building institutional capacity for dissemination and implementation research. Poster presented at the Academy Health 12th Annual Conference on the Science of Dissemination and Implementation in Health, Arlington, VA.
- 2019 **Puspitasari, A. J.,** Heredia Jr. D., Johnson, E., Schak, K. (September) The crucial bridge: The effectiveness of a transitional program for adults recently discharged from psychiatric hospitalization. Oral presentation at Mayo-Clinic-Karolinska Institutet Annual Scientific Research Meeting. Stockholm, Sweden.
- 2019 **Puspitasari, A. J.,** Weber, E., Heredia, Jr., Frye, M. (September) Development of a residential treatment program for adults with severe mood and comorbid disorders: Program description and initial outcome. Poster presentation at the National Network of Depression Centers Annual Conference. Ann Arbor, MI.
- 2019 **Puspitasari, A. J.,** Heredia Jr, D., Weber, E., Betcher, H. K., Coombes, B. J., Brodrick, E. M., Skinner, S. M., Tomlinson, A. L., Salik, S. S., Allen, S. V., O'Grady, J. S., Johnson, E. K., L'amoureux, T. M., Moore, K. M. (November) Exploring the current state of perinatal mood and anxiety disorder management implementation. Poster presentation at the Association of Behavioral and Cognitive Therapy Annual Conference, Atlanta, GA.

- 2019 **Puspitasari, A. J.**, Heredia Jr., D., Weber, E., Frye, M. (November) Development and preliminary feasibility of a residential treatment program for adults with serious mental illness. Poster presented at Association for Behavior and Cognitive Therapy Annual Conference. Atlanta, GA.
- 2019 **Puspitasari, A. J.**, Heredia Jr, D., Weber, E., Betcher, H. K., Coombes, B. J., Brodrick, E. M., Skinner, S. M., Tomlinson, A. L., Salik, S. S., Allen, S. V., O’Grady, J. S., Johnson, E. K., L’amoureux, T. M., Moore, K. M. (October) Perinatal mood and anxiety disorder: Provider’s perception on barriers to provide management and suggested future implementation strategies. Poster presented at the Annual Mayo Clinic Celebration of Women’s Health Research. Rochester, MN.
- 2019 Weber, E., Moore, K., **Puspitasari, A. J.** (July) Perinatal mood and anxiety disorder: What’s stopping provider management and what can improve future implementation? Poster presented at Mayo Clinic Undergraduate Research Symposium. Rochester, MN.
- 2019 Pease, E., **Puspitasari, A. J.**, Schak, K. (March) Implementation of a standardized patient handoff tool in the inpatient psychiatric setting. Poster presented at Mayo Clinic 2019 Quality Conference. Rochester, MN.
- 2019 **Puspitasari, A. J.**, L’amoureux, T., Johnson, E. Schak, K. (March) Strategies to improve suicide assessment and intervention in a transitions program for adults with serious mental illness. Poster presented at Mayo Clinic 2019 Quality Conference. Rochester, MN.
- 2018 **Puspitasari, A. J.**, Boyd, M., Scott, K., Navarro, E., Marti, N., Lewis, C. (November) Individual and organizational factors associated with measurement-based care use among community mental health providers. Oral presentation at the Association and Behavioral Cognitive Therapy Annual Convention. Atlanta, GA.
- 2018 Kassab, H., Boyd, M., Scott, K., **Puspitasari, A. J.**, Lewis, C. (November) Measurement-based care for depression: Understanding the current state and large scale implementation efforts. Oral presentation at the Association of Cognitive and Behavioral Therapy Annual Convention. Atlanta, GA.
- 2018 **Puspitasari, A. J.**, Heredia Jr, D., Weber, E., Betcher, H. K., Coombes, B. J., Brodrick, E. M., Skinner, S. M., Tomlinson, A. L., Salik, S. S., Allen, S. V., O’Grady, J. S., Johnson, E. K., L’amoureux, T. M., Moore, K. M. (September) Barriers and facilitators of perinatal mood and anxiety disorder management implementation. Poster presented at Mayo Clinic Women’s Health Conference, Rochester, MN.

- 2017 **Puspitasari, A. J.,** Leonard, R., Riemann, B., Halverson, J. (April) Multi-modal residential treatment for young women struggling to transition into adulthood due to symptoms of depression. Oral presentation at the Annual Convention of the Anxiety and Depression Association of America. San Francisco, CA.
- 2017 **Puspitasari, A. J.,** Thomas, B., Leonard, R., Scallon, P. (April) Adolescent residential mood disorder program outcomes. Poster presented at the Annual Convention of the Wisconsin Psychological Association. Madison, WI.
- 2017 **Puspitasari, A. J.,** Leonard, R., Kay, B., Riemann, B. (April) Baseline predictors of length of stay in a residential treatment facility for obsessive compulsive and anxiety disorders. Poster presented at the Annual Convention of the Wisconsin Psychological Association. Madison, WI.
- 2016 Boyd, M., Hoffman, M., **Puspitasari, A. J.,** Lewis, C. C. (October). An exploration of methods for maximizing quality and quality of clinician self-report fidelity measurement. Poster was presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 2016 Navarro, E., **Puspitasari, A. J.,** Lewis, C. C. (September). Who is influential? The role of social networks in the implementation of measurement-based care for depression. Poster was presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 2016 Navarro, E., **Puspitasari, A. J.,** Lewis, C. C. (September). Who is influential? The role of social networks in the implementation of measurement-based care for depression. Poster was presented for the biennial meeting of the Australasian Implementation Conference, Melbourne, Australia.
- 2016 **Puspitasari, A.J.,** & Kanter, J. W. (June). What worked and how to make it better: Therapists' qualitative feedback on self-paced versus trainer-led behavioral activation online training. Symposium was presented for the Association for Contextual Behavioral Science, Seattle, WA.
- 2015 **Puspitasari, A.J.,** Busch, A., & Kanter, J. W. (November). Lessons Learned: The Development of Online Training Programs for Behavioral Activation Treatment for Depression. Symposium was presented for the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- 2015 **Puspitasari, A. J.,** Busch, A., Kanter, J. W. (March). Trainer-led vs. self-paced behavioral activation online training. Poster was presented for the

annual meeting of Brown University Mind Brain Research Day, Providence, RI.

- 2014 **Puspitasari, A. J.**, Busch, A., Leonard, R., Cahill, S., Koerner, K., Martell, C., Kanter, J. (November). A randomized controlled trial of an online, modular, active learning training program for behavioral activation treatment for depression. Symposium was presented for the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- 2014 Walsh, A., **Puspitasari, A. J.**, Fero, L., Schwenn, A., Gutierrez, H., Kanter, J. W. (November). Trainer-led vs self-paced online training: Trainees' satisfaction towards to type of behavioral activation online training. Poster was presented for the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- 2013 **Puspitasari, A. J.**, Kanter, J. W., Harper, S., Fero, L., Versal, M., Bowman, N. & Gutierrez, H. (May). The Implementation and Outcomes of Active Learning Strategies in an Online Training of Behavioral Activation Treatment for Depression. Symposium was presented for the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- 2013 **Puspitasari, A. J.**, & Kanter, J. W. (May). A Randomized Pilot Investigation of an Online Behavioral Activation Walking Intervention. Paper was presented for the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- 2013 **Puspitasari, A. J.**, Harper, S. A., Fero, L. J., Versal, M. A., Bowman, N., Guttierrez, H., & Kanter, J. W. (April). What do experts do? A qualitative analysis to improve the measurement of behavioral activation training outcomes. Poster was presented for the annual convention of the Wisconsin Psychological Association, Madison, WI.
- 2013 Nagy, G. A., **Puspitasari, A. J.**, & Kanter, J. W. (April). Is Online Training of Psychotherapy Really Better than Face-to-Face? Symposium was presented for annual meeting of the Association of Graduate Students in Psychology at the University of Wisconsin-Milwaukee, Milwaukee, WI.
- 2013 Harper, S. A., Bowman, N. J., Guzman, J. A., **Puspitasari, A. J.**, & Kanter, J. W. (April). Trainee satisfaction with an online training of behavioral activation treatment for depression. Poster was presented for the annual convention of the Wisconsin Psychological Association, Madison, WI.
- 2013 Nagy, G.A., Morales, C., Trejo, V., Harper, S., Fero, L., Verzal, M. A., **Puspitasari, A. J.**, Santos, M., & Kanter, J. W. (April). The effectiveness of a modular, face-to-face training in Behavioral Activation for community therapists who serve depressed latinos. Poster will be presented for the

- annual convention of the Wisconsin Psychological Association, Madison, WI.
- 2012 **Puspitasari, A. J.**, Czajkowska, K. K., Kanter, J. W. (November). Weekly Average Daily Steps Change in an Online Behavioral Activation Walking Intervention. Poster was presented for the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- 2012 **Puspitasari, A.J.**, Crowe, A. S., Murphy, J. D., Kanter, J. W. (November). Development of a Gold Standard for the Assessment of Behavioral Activation Skills: A Quantitative and Qualitative Analysis. Poster was presented for the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- 2012 **Puspitasari, A. J.**, Crowe, A. S., Nagy, G. A., Murphy, J. D. Kanter, J. W. (April). The Development and Outcomes of an Online Behavioral Activation Training – Disseminating an Evidence-Based Treatment for Depression. Poster was presented for the annual convention of the Wisconsin Psychological Association, Madison, WI.
- 2012 **Puspitasari, A. J.**, Crowe, A. S., Nagy, G. A., Kanter, J. W. (March). The Development of a Role-Play Competency Measure to Evaluate Outcomes of a Behavioral Activation Online Training. Poster was presented for the annual meeting of the National Institute of Health on the Science of Dissemination and Implementation, Bethesda, MD.
- 2012 Czajkowska, K. K., **Puspitasari, A. J.**, Kanter, J. W. (March). Users’ Satisfaction of an Online Behavioral Activation Walking Intervention. Poster was presented for the annual meeting of the National Conference on Undergraduate Research, Ogden, UT.
- 2012 **Puspitasari, A. J.**, Czajkowska, K. K., Kanter, J. W. (April). The Effect of an Online Behavioral Activation Walking Intervention on Physical Activity Level. Symposium was presented for annual meeting of the Association of Graduate Students in Psychology at the University of Wisconsin-Milwaukee, Milwaukee, WI.
- 2011 **Puspitasari, A. J.**, Dillon, S. E., Crowe, A. S., Kanter, J. W. (2011, November). Developing a Role-Play Competency Assessment for the Training of Behavioral Activation Therapists”. Poster was presented for the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
- 2011 Kanter, J. W., Murphy, J. D., Baruch, D. E., Bowe, W., **Puspitasari, A. J.**, & Koerner, K. (May). Activating Through the Internet: Results of Online Training of Behavioral Activation Techniques. In J. Kanter (Chair), Getting Clinical Behavior Analytic Interventions Out to the World-Wide Community: Internet-based Training Methods for Behavioral Activation,

Functional Analytic Psychotherapy and Acceptance Commitment Therapy. Symposium presented at the annual meeting of the Association for Behavior Analysis International, Denver, CO.

- 2006 **Puspitasari. A. J.** (May). Non-formal Education as an Approach to Diminish Risky Behaviors among Street Children in Indonesia. Poster presented at the annual meeting of Undergraduate Research Symposium at the University of Minnesota-Morris, Morris, MN.

Clinical Training and Supervision Experience

- 2014-2015 Psychology resident, Behavioral Medicine Track, Alpert Medical School of Brown University, Providence, Rhode Island.
Completed rotations at the Miriam Hospital, Rhode Island Hospital, Bradley Hospital, and Women and Infants Hospital
- 2013-2014 Peer-supervisor, Behavioral Activation Practicum, Department of Psychology, University of Wisconsin, Milwaukee.
Supervisor: Christopher Martell, Ph.D.
- 2012-2013 Behavioral Medicine extern, Medical College of Wisconsin/Froedert Hospital, Wauwatosa, WI.
Completed rotations at the Department of Trauma and Critical Care Surgery, Department of Transplant Surgery, Department of General Surgery and Plastic and Reconstructive Surgery. Primary responsibilities: provided inpatient psychological consultations, conducted transplant and bariatric pre-surgical evaluations, provided outpatient psychotherapy.
Supervisors: Terri deRoos-Cassini, Ph.D., Rebecca C. Anderson, Ph.D., and Mark Rusch, Ph.D.
- 2012-2013 Clinic Director Assistant, Psychology Clinic, University of Wisconsin-Milwaukee; Milwaukee, WI.
Primary responsibilities: conducted intake assessment, assigned new clients to clinical trainees, provided peer-supervisions.
Supervisor: Jonathan W. Kanter, Ph.D.
- 2011-2012 Student Therapist, Psychology Clinic, University of Wisconsin-Milwaukee; Milwaukee, WI.
Primary responsibilities; provided outpatient evidence-based psychotherapies (EBPs) for depression, anxiety disorders, couple distress, and eating disorders. EBPs included Behavioral Activation, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy for eating disorder.
Supervisors; Jonathan W. Kanter, Ph.D. & Gwynne O. Kohl, Ph.D.
- 2010-2011 Student Assessor, Practicum in Projective and Objective Assessment, Psychology Clinic, University of Wisconsin-Milwaukee; Milwaukee, WI.

Primary responsibilities: administered, scored, interpreted, and presented written and oral reports for several projective and objective assessment instruments for children and adults.

Supervisors: Bonita Klein-Tasman, Ph.D. & Han Joo Lee, Ph.D.

Professional Development

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| 2024 | Unleashing the Power of Process-Based Therapy: Moving Beyond Diagnoses to Powerful Personalized Change
Conducted by: Joseph Ciarrochi, PhD, Diana Hill, PhD, and Steven Hayes, PhD |
| 2023 | Ethics, Boundaries of Competence, Avoiding Harm, and Risk Management: Working Well with the Suicidal Patient
Conducted by: Andrew White, PhD, ABPP |
| 2022 | Dialectical Behavior Therapy for Adolescents and Families
Conducted by: Erica Tan, PsyD |
| 2022 | Foundation of Somatic Abolitionism
Conducted by: Resmaa Menakem |
| 2021 | Dialectical Behavior Therapy for Substance Use Disorder
Conducted by: Linda Dimeff, PhD |
| 2021 | From Ally to Antiracist
Conducted by: Jonathan Kanter, PhD |
| 2021 | Suicide Prevention in Healthcare Setting
Conducted by: David Jobes, PhD |
| 2020 – 2021 | DBT Core Strategies
Conducted by: Kelly Koerner, PhD |
| 2019 - 2020 | Dialectical Behavior Therapy Comprehensive Implementation Training Initiative
Conducted by: Linda Dimeff, PhD and Andrew White, PhD |
| 2019 | Case Formulation and Treatment Planning in Dialectical Behavior Therapy
Conducted by: Shireen Rizvi, PhD and Jennifer Sayrs, PhD |
| 2018 – 2019 | Collaborative Assessment to Manage Suicidality Training
Conducted by: David Jobes, PhD |
| 2018 | ACT III – Mastering ACT |

Conducted by: Robyn Walser, PhD

- 2018 DBT Skills Course
Conducted by: Marsha Linehan, PhD
- 2015 Level 1 Training for Students & Faculty in Cognitive Behavioral Therapy for Depression and Anxiety Disorder
Conducted by: Judith Beck
- 2013 Service Members and Veterans on Campus: A University Counseling Center and Core Competency Program; Milwaukee, WI
Conducted by: Jenna Ermold, Ph.D.
- 2012 EPIC – Provider Training, Medical College of Wisconsin; Wauwatosa, WI.
- 2012 Acceptance and Commitment Therapy Workshop, Annual Convention for the Association for Contextual Behavioral Science; Chicago, IL
Conducted by: Patty Back, Ph.D.
- 2010 A Suicide Prevention Training for Gatekeepers Trainers, University of Wisconsin Milwaukee; Milwaukee, WI

Teaching Responsibilities and Mentorship

- 2023-Present Master's thesis committee member, advisor to Norma Faviola Reyes, University of Wisconsin-Milwaukee. Milwaukee, WI.

Master's thesis: Developing a Fidelity Monitoring System for the Cultivando Fortaleza (Cultivating Resilience) Intervention.
- 2022-Present Dissertation committee member, advisor to Salma, University of Gadjah Mada, Yogyakarta, Indonesia.

Dissertation: Uji Efektivitas Implementasi Culturally Adapted Behavioral Activation Therapy Bagi Dewasa Dengan Gangguan Depresi Di Indonesia: Studi Hybrid Trial Tipe-2
- 2015-2016 Supervisor Assistant, Undergraduate Psychology Honors Thesis to Elena Navarro, Indiana University
Supervisor: Cara C. Lewis, Ph.D.
- 2012 Teaching Assistant, Experimental Social Psychology, University of Wisconsin-Milwaukee

2010-2012 Teaching Assistant, Introduction to Social Psychology, University of Wisconsin-Milwaukee

2008-2010 Teaching Assistant, Introduction to Social Psychology, University of Wisconsin-Milwaukee

Professional Memberships

2017 – Present Minnesota Psychological Association
2014 – Present Association for Contextual Behavioral Science
2014 – Present Society of Implementation Research Collaboration
2009 – Present Association of Behavioral and Cognitive Therapies
2007 – Present American Psychological Association

Editorial Responsibilities

2023 – Present Consulting Editor
Journal of Health Service Psychology

Ad Hoc Reviewer for: *Implementation Science*
 Implementation Research and Practice
 Psychiatry Research
 The Journal of Pediatrics