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Certification/Licensure

DBT-LBC: Linehan Board of Certification – 2020
Licensed Professional Counselor, State of Oregon (C3501)
Licensed Professional Counselor, State of Arizona (LPC-17695)
Licensed Professional Counselor, State of Colorado (LPC.0014414)

Education

Masters in Counseling Psychology, Chatham University, *Pittsburgh, PA* 2010
Bachelors in Psychology, Oregon State University, *Corvallis, OR* 2001

Selected Professional Experience

Licensed Professional Counselor, Portland DBT Institute, *Portland, OR* *Present*
Trainer, Consultant, Supervisor, DBT Clinician (Owner), Rothrock Consulting LLC *2020-present*

- Provide clinical consultation to professionals and multi-disciplinary teams. Work with agencies, public and private, to provide DBT and CBT consultation services, including oversight as a lead of DBT consultation teams. Provide operational and project management oversight to develop DBT programs in community mental health centers.
- Facilitate clinical training in evidence-based practices, including: DBT, CBT, TF-CBT. Standardized trainings have been facilitated for various entities, including: Colorado Department of Corrections, Colorado Department of Health and Human Services, Deschutes County Behavioral Health (Oregon), EVOKE Behavioral (Colorado), Solvista Health (Colorado), non-profit clinics and various private practitioner groups.
- Conduct clinical supervision for professionals who treat clients with high-acuity behaviors.
- Provide DBT comprehensive treatment, including individual and group services.
- Author and submit grant proposals and deliverables for State and Federal grants (DOJ and SAMHSA).

Supervisor (Mental Health Clinician IV), DHS/DOC State of Colorado *2018-2020*

- Supervisor for ABA services in residential care for state funded residential programming.
- Supervised and average of 40 clinical staff, including supervisors and direct care providers.
- Lead DBT clinician for acute populations within the Department of Corrections.
- Designed and implemented DBT programming for high-risk forensic populations.
- Facilitated trainings to clinical and non-clinical staff (DBT, CBT).
- Tracked treatment outcomes across programs to determine program structure.



Clinical Supervisor, Lead DBT Therapist, Deschutes County Behavioral Health Services, Oregon 2015-2018

- Conducted clinical supervision for masters-level internship students.
- Designed and implemented DBT services for adult and adolescent programs.
- Provided assessments, individual therapy, and group therapy to adults.
- Conducted clinical trainings for staff with an average enrollment of 50-100 attendees. Training topics included: Crisis intervention for assessment, DBT skills training, DBT educational training, self-care methods for community mental health providers, case management for high-risk clients.
- Lead therapist for the DBT Consultation Team.

Faculty, Intercultural Psychiatric Clinic, Oregon Health & Science University, *Portland, OR* 2014-2015

- Provided comprehensive biopsychosocial assessments and case coordination to children, adults, and families. Formulated working diagnoses and treatment plans utilizing evidence-based diagnostic measurements.
- Facilitated individual psychotherapy services to diverse populations, including refugees and survivors of war-related trauma.
- Constructed, organized, and delivered instructional training to multidisciplinary staff. Topics included: diagnostic assessment, clinical documentation, and quality assurance.
- Collected and reported data for grant funding and research purposes.
- Represented services on professional panels and community educational events.

Therapist (Behavioral Health Specialist II), *Clackamas County, Oregon* 2013-2014

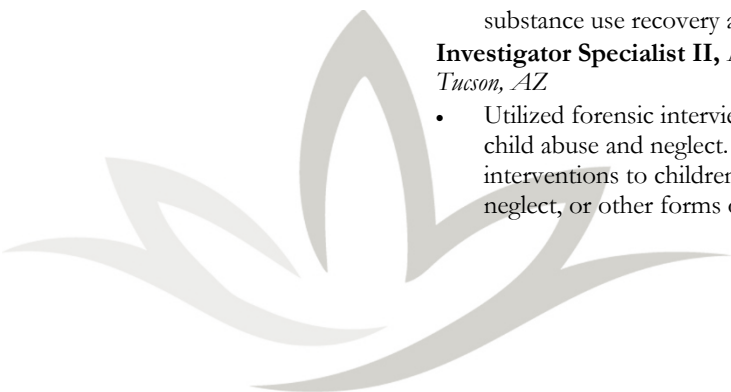
- Managed and facilitated psychotherapy services in a forensic residential program for adults. Provided court ordered drug and alcohol treatment as well as intensive psychotherapy. Provided individual and group therapy services, including: DBT, CBT, MRT, Relapse Prevention, and Seeking Safety.
- Utilized diagnostic measurements, evaluations, and tracking for progress and outcomes.
- Completed assessments to determine program admission and exclusion.
- Provided recommendations through testimony and written reports to the County Courts.

Therapist, CODAC Behavioral Health, Inc., *Tucson, AZ* 2012-2013

- Provided comprehensive biopsychosocial assessments and therapy services to diverse populations within a community mental health setting. Worked with adults who presented with both mental health and substance use recovery needs, including persons engaged in Methadone Maintenance Treatment.
- Facilitated evidence-based treatment and interventions, including but not limited to: DBT, CBT, Relapse Prevention, SFBT, and Motivational Interviewing.
- Tracked clinical documentation, treatment progress and outcomes.
- Provided internal DBT educational trainings to clinical staff for substance use recovery and mental health programs.

Investigator Specialist II, Arizona Department of Economic Security, *Tucson, AZ* 2011-2012

- Utilized forensic interviewing techniques to investigate allegations of child abuse and neglect. Provided case management and in-home interventions to children who experienced physical abuse, sexual abuse, neglect, or other forms of maltreatment.



- Practiced a family systems approach to help families understand how safety impacts each member. Completed referrals for community interventions.
- Worked with law enforcement in joint criminal investigations. Substantiated forms of abuse and filed all necessary paperwork with juvenile courts. Testified in court hearings and worked with legal and court personnel to advocate for the safety of each client.

Therapist, Mercy Behavioral Health, *Pittsburgh, PA*

2007-2011

- Provided comprehensive biopsychosocial assessments and clinical services to diverse populations within a community mental health setting.
- Trained staff in crisis management services for high-risk populations.
- Provided part-time clinical services to the crisis team and residential treatment programs.
- Presented at the 2010 State Crisis Conference on crisis interventions for Severe and Persistent Mental Illness (SPMI) populations.

EXTENDED EXPERIENCE

- **Therapist (Private practice)**: Sage Behavioral Health (2017-2018, Part-time)
- **DBT Group Faciliator**: Sierra Tucson (2012-2013. Part-time)
- **Regional Trainer**, The Home Depot (2001-2003): Provided training for employees and supervisors. **Supervisor and Store Trainer** (1998-2001)

Formal Training & Membership

Dialectical Behavior Therapy

- DBT-PE Intensive, Melanie Harned PhD & Samantha Yard PhD (2022)
- Strengthening Your Practice of DBT, Behavioral Tech (2022)
- DBT for Eating Disorders, PDBTI (2017)
- DBT for High-Risk Clients, PDBTI (2017)
- Summer with Marsha and Friends, 5-day advanced training (2016)
- DBT Internship (2019-2020)

Cognitive Behavioral Therapy, Chatham University (2007-2009)

Solution Focused Brief Therapy (2009)

Motivational Interviewing (2009)

Forensic Interviewing, State of Arizona (2011)

ABA Coursework, Northern Arizona University (2018-2019)

CAMS, Foundational training and monthly consultation (2021-2023)

TF-CBT (2023)

Clinical Supervision Training, Colorado (2021 & 2024)

Empty Cloud Sangha: Board Member (Secretary, 2022-Present), Board Chair, Communications Committee (2023-Present), Mindfulness Retreat Attendee since 2018, Formal Zen student of Roshi Randy Wolbert (2021-Present)

