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Certification/Licensure

Licensed Professional Counselor in Oregon (C8438)

Education

Masters in Counseling, Marshall University, *Huntington, WV* 2014
Bachelor's in Counseling, Marshall University, *Huntington, WV* 2012

Selected Professional Experience

Licensed Professional Counselor, Portland DBT Institute, *Portland, OR* Present

- Provide Dialectical Behavior Therapy to adults in a telehealth outpatient setting through the modes of individual therapy, skills groups, and phone coaching
- Conduct mental health assessments and orientation to DBT in weekly clinical consultation sessions

Director of Clinical and Consultation Services, Clarity Counseling Services, LLC, *Dunbar, WV* 2023-present

- Own and operate a virtual, independent practice by providing therapy and billing Medicaid and private insurances
- Conducting regular supervision for provisionally licensed counselors and alcohol/drug counselors
- Creating and presenting education topics for professional development

Advanced Counselor, Bicycle Health Medical Group, Inc. 2023-2024

- Provide ethical and evidenced based services to adults with OUD on medication treatment in a telehealth setting
- Design and implement new patient orientation that increased referrals for services by up to 10%
- Increase weekly psycho-education group attendance by 20%
- Create and execute evidenced based curriculum series to help with client retention and satisfaction
- Created and maintained full panel within two months

Clinical Supervisor, Wise Path Recovery Center, *Charleston, WV* 2022-2023

- Successfully created and led up to 10 staff and clinical interns in outpatient setting for adults with co-occurring disorders
- Increased referrals and community connections up to 50%
- Exceeded expectations by having three running intensive outpatient groups within 6 months of hire
- Increased employee and client satisfaction
- Provide counselor evaluations and interviews
- Successful adherence to policies and procedures that led to accreditation from CARF and OHFLAC
- Conduct individual and group supervision

Therapist II, Thomas Behavioral Health Systems, *Charleston, WV* 2020-2022

- Sole clinical provider of intensive outpatient services program
- Increased average length of stay by 50% and reduced client drop out by 20% by providing creative, interactive, and evidenced based curriculum services to adults



- Created new revenue stream by offering a continuum of care and other outpatient services
- Provided clinical supervision

Therapist, Pretera Center for Mental Health Services, *Huntington, WV*

2014-2020

- Designed and implemented health and wellness program
- Starting smoking cessation initiatives
- Provide individual, group, and family therapy on a residential, outpatient, and MAT basis

