

Catherine Esperanza, M.A. 5100 S Macadam, Suite 350 Portland, OR 97239 www.pdbti.org (503) 290-3275 cesperanza@pdbti.org

Education

Doctor of Philosophy, School Psychology, The University of Texas at
Austin, Austin, TX
Dissertation Chair: Erin Rodriguez, Ph.D.

Predoctoral Internship in Clinical Psychology, Kennedy Krieger Institute,
Center for Child & Family Traimatic Stress, Baltimore, MD

Masters in School Psychology, The University of Texas at Austin, Austin,
TX

Bachelors in International Relations, Stanford University, Stanford, CA
2016

Selected Professional Experience

CLINICAL EXPERIENCE

Therapist, Portland DBT Institute, *Portland,* OR **Predoctoral Internship,** Kennedy Krieger Institute – Center for Child &

Family Traumatic Stress, *Baltimore, MD*

- Conduct and document clinical and semi-structured diagnostic interviews with children, adolescents, and caregivers
- Provide weekly PCIT, TF-CBT, and family therapy for children and adolescents, including Spanish-speaking clients
- Provide DBT-A individual and family therapy as part of a comprehensive DBT program
- Co-lead a weekly DBT-A skills group
- Attend and participate in weekly DBT Consultation team meetings, trauma-related seminars, assessment seminars, and Leadership Education in Neurodevelopmental and Other Related Disabilities (LEND) seminars
- Conduct comprehensive psychodiagnostic assessments

Predoctoral Internship, Kennedy Krieger Institute – Psychiatric Mental Health Program, *Baltimore*, *MD*

Provide weekly Exposure & Response Prevention (ERP) and Comprehensive Behavioral Intervention for Tics (CBITS) for children and adolescents with OCD, Body Dysmorphic Disorder (BDD), and

• Attend and participate in weekly didactics on OCD and tics

Texas Child Study Center: Traumatic Stress & Disruptive Behavioral Disorders Clinic

- Conducted and documented clinical and semi-structured diagnostic interviews with children, adolescents, and caregivers
- Provided weekly individual and family therapy for a caseload of up to six children and adolescents utilizing cognitive-behavioral techniques, PCIT, and TF-CBT for children; diagnoses include disruptive behavior disorders, ADHD, mood disorders, anxiety disorders, PTSD, traumarelated stressors/adjustment disorders, and a variety of chronic medical conditions
- Formulated case conceptualizations within a systems-based biopsychosocial framework
- Attended and participated in weekly group supervision didactics

2023-present

2022-2023

Received live supervision for the first two cases of PCIT and TF-CBT

Texas Child Health Access Through Telemedicine (TCHATT)

- Conducted intake interviews with children, caregivers, and school staff
- Provided brief 4-session therapy to children and families via telehealth
- Collaborated with the care coordinators to provide referrals based on the families' needs and ensure continuity of care
- Participated in didactic training related to integrated behavioral health and addiction and recovery

People's Community Clinic – Mustang Clinic, Manor, TX Responsibilities:

- Collaborated with multidisciplinary staff including medical providers, social workers, sex education professional, psychiatrist, and the inhouse lawyer to enhance patient care
- Provided psychoeducation and brief cognitive-behavioral interventions for common behavioral and emotional concerns (e.g., anxiety, depression, disruptive behaviors, ADHD)
- Used motivational interviewing techniques to enhance behavioral change related to medical compliance and health (nutrition, exercise, sleep, stress management, mental health therapy referrals, antidepressant medication)
- Conducted suicide risk assessments and established safety plans
- Provided school-liaison services for patients and school personnel to advocate for testing and accommodations under 504 or special education
- Provided consultation to medical staff on the presence of emotional and learning problems

Addiction and Recovery Scholar, Integrated Behavioral Health Program, The University of Texas at Austin, *Austin, TX*

- Selected for a competitive training fellowship aiming to prepare clinicians to provide culturally competent integrated behavioral healthcare to underserved Texas communities and involving crosscampus collaboration among Dell Medical School Department of Psychiatry, Steve Hicks School of Social Work, School of Nursing, Department of Psychology, Department of Educational Psychology, and the Texas Child Study Center
- Provided teleconsulting with community mental health providers for patients with complex presentations
- Observed medication-assisted treatment for substance use disorder during psychiatry grand rounds at a partial hospitalization program
- Provided training to Manor Independent School District staff about pediatric and adolescent suicide prevention
- Delivered training to medical staff on risk assessment for suicidality in a rural primary care setting
- Participated in bi-weekly seminars and specialized clinical trainings focused on integrated behavioral healthcare and substance use treatment

Vida Clinic & Little Petal Alliance Partnership, Austin, TX

- Provided individual teletherapy to transgender and queer adolescent and adult clients
- Facilitated a partnership between Vida Clinic and Little Petal Alliance in response to a community need for mental health services within the local transgender community

Vida Clinic, Austin, TX

 Conducted initial evaluations using semi-structured clinical interviews to determine diagnostic impressions and inform case conceptualization 2021-2022

2022

2021-2022

2021-2022

2020-2021

- Provided weekly individual teletherapy to child and adult clients and couples
- Conducted Spanish-language therapy sessions
- Collaborated with school staff, psychiatrists, and family members to coordinate care
- Administered risk assessments & created safety plans with clients and their caregivers

Selective Mutism Camp, Alvord, Baker & Associates, LLC, Kensington, MD August 2021

 Provided all-day one-on-one treatment for a five-year-old with selective mutism and group intensive treatment for campers with selective mutism and social anxiety

Ecuador Professional Preparation Program, NeuroLogic International, Quito, Ecuador

- Provided no-cost, walk-in therapy services to Spanish-speaking adults and families
- Wrote reports and follow-up recommendations for walk-in patients
- Supported the clinic in finding & translating research-based questionnaires on autism and developmental milestones

Austin Child Guidance Center, Austin, TX

 Provided single-session mental and behavioral health services to English and Spanish- speaking families for the twice-weekly walk-in clinic

2019-2020

2021

2020

Austin Neuropsychology, PLLC, Austin, TX

- Conducted comprehensive neuropsychological assessments
- 2021-2023
- Instruments Administered & Scored: Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V); Wechsler Individual Achievement Test (WIAT-III); Test of Written Language, Fourth Edition (TOWL-4); California Verbal Learning Test Children's Version (CVLT-C); Rey Complex Figure Test and Recognition Trial (RCFT); Test of Memory Malingering (TOMM); Delis-Kaplan Executive Function System (D-KEFS); A Developmental Neuropsychological Assessment, Second Edition (NEPSY-II); Lafayette Grooved Pegboard; Test of Everyday Attention for Children (TEA-Ch)
- Questionnaires Administered & Scored: Behavior Rating Inventory of Executive Function, Second Edition (BRIEF 2); Adaptive Behavior Assessment System- Third Edition (ABAS-3); Behavioral Assessment System for Children (BASC)

University of Texas Elementary School & Charter Schools, Austin, TX

- Assessed students for special education eligibility, including bilingual students and youth in CPS custody
- Wrote initial reports and reevaluation reports for students with, or seeking, special education services
- Administered risk assessments & created safety plans with children and their caregivers
- Instruments Administered & Scored: Wechsler Intelligence Scale for Children (WISC-V); Woodcock-Johnson Test of Cognitive Abilities (WJ-IV); Woodcock-Johnson Test of Academic Achievement (WJ-IV); Kaufman Assessment Battery for Children (KABC-II); English-Spanish Woodcock-Muñoz Test of Language Abilities; Comprehensive Test of Phonological Processing (CTOPP)

Assessment Research Volunteer, Department of Educational Psychology, The University of Texas at Austin, *Austin, TX*

2018-2019

2019-2020

- Administered the Wechsler Adult Intelligence Scale (WAIS) & International Cognitive Ability Resource (ICAR) to adults as part of Stephanie Young's dissertation study
- Trained & supervised an undergraduate student in the administration of the WAIS

RESEARCH EXPERIENCE

2018-present

Graduate Research Assistant, Pediatric Coping & Language Lab, Educational Psychology Department, The University of Texas at Austin, *Austin, TX*

- Administered bilingual assessments and measures to families
 participating in studies on bilingualism, culturally-relevant asthma
 interventions, and stress & coping for pediatric cancer
- Coded qualitative data, such as English and Spanish individual and focus group interviews
- Coordinated a mixed methods study examining facilitators and barriers to low-SES, Latinx participation in research Coordinate a mixed methods study examining facilitators and barriers to low-SES, Latinx participation in research
- Trained and consulted with community members delivering the study's asthma intervention

2018-2019

Graduate Research Assistant, Child Anxiety Treatment Enhancement Study, The University of Texas at Austin, *Austin, TX*

- Administered semi-structured pediatric anxiety rating interviews with children and parents
- Contributed to group supervision for anxiety study therapists **Research Assistant,** Mind, Culture, and Society Lab, Psychology Department, Stanford University, *Stanford*, *CA*

2014-2015

- Aided in conducting a randomized, double-blind Chair Study that investigated how race- related news affects implicit racial basis and emotions in anticipation of an interracial or same-race first-time interaction
- Aided in study conceptualization and implementation, which included assisting with study design, writing author-created questionnaires, creating study materials, helping design the study lab set-up, and writing the study facilitator script
- Ran half of the participants for the study

2014-2015

Research Assistant, Graduate School of Education, Developmental & Psychological Sciences (DAPS), Standford University, *Stanford, CA*

- Worked with Dr. Amado Padilla on the Buena Vista Mobile Home Park Study to measure the impact of a mobile home park's potential foreclosure on the mental health and educational outcomes of the youth residents
- Recruited and ran interviews and follow-up surveys of the youth residents

2015

Community-Based Research Project in Partnership with Ikamva Youth, Stanford University & Ikamva Youth Non-Profit, Masiphumelele, South Africa

- Designed and implemented a community-based qualitative research project at Ikamva Youth in the Masiphumelele township
- Used narrative-based inquiry to examine the impact of trauma on the educational experiences of youth and the role of teachers & service providers in moderating the effects of trauma

SUPERVISION AND MENTORSHIP EXPERIENCE

Peer Supervisor for Advanced Practicum Graduate Course, The University of Texas at Austin, <i>Austin, TX</i>	2022-2023
Supervised a third-year school psychology student in her advanced practicum	
Met for regular one-hour individual supervision meetings to review case conceptualizations, provide Spanish-language supervision, and other supervision support	
Consultation for an NIH-funded Asthma & Coping Skills Intervention, The University of Texas at Austin, <i>Austin, TX</i>	2021-2022
 Trained community members to deliver an asthma intervention to low- SES Latinx families 	
 Held weekly consultation meetings for Spanish-speaking facilitators to provide feedback, problem-solve difficulties with families, and teach skills & psychoeducation 	
Mentor, APA's Division 53 Mentorship Program August 2021 – Present	2021-present
Mentored an undergraduate student and helped with graduate school preparation and applications	1
Peer Supervisor for a Graduate Course in Helping Skills, The University of Texas at Austin, <i>Austin</i> , <i>TX</i>	2021
Supervised a first-year counselor education student's four video- recorded sessions	
Met for regular one-hour individual supervision meetings to review clips, provide feedback, and model or role play clinical skills	
Provided written feedback on and evaluation of helping skills and motivational interviewing skills	
Provided training in motivational interviewing strategies & multicultural	
counseling, including Spanish-language supervision & LGBTQIA-related topics	
Behavioral Consultation, University Charter School at Helping Hand	2019
Home.	
 Consulted with a teacher to discuss intervention options for a foster student with oppositional defiance disorder (ODD) and attention deficit hyperactivity disorder (ADHD) 	
• Collected and interpreted data to inform intervention, implementation plan, and evaluation of the intervention	
Provided a behavioral intervention for the student	
Teaching Assistant, Undergraduate Course in Introduction to Counseling Theories Held a lecture on third-wave Cognitive Behavioral Therapies, The University of Texas at Austin, <i>Austin, TX</i>	2023
Held a lecture on third-wave Cognitive Behavioral Therapies	
 Provided real-time feedback to students practicing therapy strategies during biweekly labs 	
Graded weekly student work and course exams	
Developed course exam questions	2023
Teaching Assistant, Graduate Course in Movies & Mental Health, The University of Texas at Austin, <i>Austin, TX</i>	2023
 Held lectures on eating disorders, Borderline Personality Disorder, and Autism Spectrum Disorder and the portrayal of those disorders and their treatments in the media 	
Graded weekly student work	
Developed course exam questions Teaching Assistant Craduate Course in Individual The Heiversity of	2020 & 2022
Teaching Assistant, Graduate Course in Individual, The University of Texas at Austin, <i>Austin, TX</i>	

- Taught weekly, interactive labs for students with hands-on activities, case studies, and a focus on culturally and linguistically relevant issues in cognitive assessment
 Held practical exams for all students on the WJ, WISC, and KABC Cognitive Tests
 Teaching Assistant, Undergraduate Course in Emotional & Behavioral Disorders in Children and Adolescents, The University of Texas at Austin, Austin, TX
- Graded student work

2019-2020

2020

Held a lecture on fields & careers in psychology

Teaching Assistant, Undergraduate Course in Individual Differences & Disability, The University of Texas at Austin, *Austin, TX*

- Held lectures on the Full and Individual Education (FIE) process for special education and on working with d/Deaf and Hard-of-Hearing students
- Graded student work for a large undergraduate course
- Organized service-learning partnerships

2019

Held weekly office hours

Teaching Assistant, Undergraduate Course in Human Sexuality, The University of Texas at Austin, *Austin, TX*

- Graded student work for a large undergraduate course
- Held weekly office hours

2016

Preschool Teacher, Schola Giotto, Florence, Italy

• Bilingually taught English classes to Italian preschool students via an arts-based English language curriculum

2016

High School English Teacher, Liceo José Lastarria Victorino, Santiago, Chile

• Taught four English classes & two afterschool programs twice a week for underserved Chilean high school students

2020-2022

OTHER PROFESSIONAL EXPERIENCE

Waitlist Coordinator, Texas Child Study Center (TCSC), Dell Children's Hospital, *Austin, TX*

- Managed the waitlist for psychiatry and psychology services
- Addressed barriers for patients seeking services, including Spanishspeaking and low-income patients
- Contacted families on the waitlist to connect them to appropriate providers or community resources
- Engaged in research on waitlist management & track data to engage in case study research on the waitlist

2019 & 2021

Pre-K Classroom Observer & Rater, United Way of Austin, Austin, TX

- Observed and rated English and Spanish-language classrooms using CLASS scoring criteria
- Trained and certified as a CLASS (Classroom Assessment Scoring System) observer

2015-2018

Ravenswood City School District Programs Coordinator, Mural Music and Arts Project, East Palo Alto, CA

- Led year-round professional development and curriculum development for all of the Ravenswood City School District's art teachers with a focus on arts integration and culturally-relevent & trauma-informed classrooms
- Worked with district stakeholders to develop an arts plan and curriculum for the district's new middle school

 Supported the MMAP's History through Hip Hop, Teen Mural Program, and Summer Bridge programs, working with high school and transitional ages youth to create original, socially-conscious public art and music to address local community issues

Peer-Reviewed Publications

- Rodríguez, E. M., Gulbas, L.E., Horner, S. D., Alba-Suarez, J., George-Jones, J., Davidson, S., Lehning, E., **Esperanza, C.**, & Alvarado, C. (2020). Stress and coping in pediatric asthma: The experiences of low-SES Latinx families. *Clinical Practice in Pediatric Psychology*, 8(2), 126-138. https://doi-org.ezproxy.lib.utexas.edu/10.1037/cpp0000287
- Rodríguez, E. M., Horner, S. D., Bearman, S. K., Gulbas, L. E., George-Jones, J., Alvarado, C., & **Esperanza, C.** (2021). Development and Pilot Randomized Trial of a Coping Skills Intervention for Low-SES Latinx Families of Children with Asthma in Primary Care. *Clinical Practice in Pediatric Psychology*.

Manuscripts Under Review

Esperanza, C., Ocegueda, S., Garcia, A., Contreras, J., & Rodríguez, E. M. (Under review). "What's the fun in that?": Low-SES Latinx families' barriers and facilitators to virtual research participation during the COVID-19 pandemic.

Manuscripts in Preparation

Rodríguez, E. M., Peña, E., **Esperanza, C.,** & Del Carmen Perez, C. (In preparation). Co-Occurrence of Developmental Language Disorders & Mental Health Concerns in Bilingual Latinx Youth.

Conference Presentations

- Esperanza, C. (2022, August). Asexual Adolscents' and Adults' Mental Health & Experiences with Mental Health Providers from a Large International Survey. Poster accepted for APA's Division 53 Symposium at the 2022 American Psychological Association Annual Convention.
- Esperanza, C., Ocegueda, S., Garcia, A., & Rodríguez, E. (2021, April).

 Recruitment and Retention of Low-SES Latinx Families in Developmental Psychopathology Research. Poster presented at the 2021 Society for Research in Child Development (SCRD) Biennial Conference, vietnal
- Ocegueda, S., **Esperanza, C.,** Echavarría Moats, Gabriela, & Rodríguez, E. (2021, August). Associations of Family Stress, Coping, and Depressive Symptoms of Low-SES Latinx Youth. Poster presented at the 2021 American Psychological Association Annual Convention, virtual.
- George-Jones, J., **Esperanza, C.,** Burrows, D., Nonot, A., Gulbas, L., Neavel, C., & Rodríguez, E. M. (2021, April). *Development of a CBPR Relationship Amongst a Medical Home, Their Patients, & a University*. Poster presented at the 2021 Society of Pediatric Psychology Annual Conference, virtual.
- George-Jones, J., **Esperanza, C.,** Alvarado, C., & Rodríguez, E. (2020, November). Feasibility and Acceptability of an Asthma Coping Skills Intervention for Low-SES Latino Families. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, virtual.
- Esperanza, C., Rodríguez, E. M., Peña, E., & Del Carmen Perez, C. (2020, October). Co-Occurrence of Developmental Language Disorders & Mental Health Concerns in Bilingual Latinx Youth. Poster presented at the 2020 National Latinx Psychology Conference, virtual.

Rodríguez, E. M., George-Jones, J., **Esperanza, C.,** & Alvarado, C. (2019, March). *Development of an Asthma Coping Skills Intervention for Low-SES Latino Families in Primary Care.* Poster presented at the CommunityCare Research and Quality Improvement Projects session, Austin, TX.

Book Chapters

Esperanza, C. (2012). Do Something that Matters. In *Journeys in learning across frontiers: stories, strategies and inspiration from the IB community* (pp. 50-59). Cardiff: International Baccalaureate.

Invited Presentations

- Monnat, L., Thomas, J. & **Esperanza, C.** (2023, May). TF-CBT with Latine Families. Two-day training presented to the fellows in the University of Texas at Austin's Integrated Behavioral Health program.
- **Esperanza, C.,** Panozzo, H., Martinez, C., Pogue, S. & Fischer, C. (2022, April). Grief and Loss and Substance Use Disorders. Didactic presented to the Willow Springs Recovery Center.
- George-Jones, J. L. & **Esperanza**, **C.** (2022, April). Introduction to Community Based Participatory Research (CBPR). Didactic presented to the Dallas Children's Advocacy Center Predoctoral Psychology Internship Program.
- **Esperanza, C.** & Thomas, E. (2022, March). Suicide Prevention Training for School Professionals. Webinar presented to all Manor Independent School District staff.
- **Esperanza, C.** & Amozurrutia-Salazar, W. (2022, January). How School Nurses Can Manage the Effects of the COVID-19 Pandemic on the Mental Health of School-Aged Students. CE eligible Presentation for Texas School Nurses Organization, Region IV.
- **Esperanza, C.** (2021, November). Asexuality, Mental Health, and 3rd Wave CBT Strategies. Clinical Seminar presented to the Association for Contextual Behavioral Science (ACBS) Child, Adolescent & Family Special Interest Group
- **Esperanza, C.** (2021, August). Outpatient Psychology & Psychiatry Waitlist Management. Didactice presented to Dell Children's Texas Child Study Center (TCSC) Predoctoral Psychology Internship Program.

Service and Volunteer Experiences

Activity

Experiences		
Co-Leader, Students for Proactive Advocacy, Change & Equity		
 Co-founded and currently co-lead a community advocacy and action student group 		
• Engaged in advocacy efforts such as testifying at the state capitol, calling local & state representatives, and supporting voter turnout efforts in local & state elections		
Court-Appointed Special Advocate (CASA) Volunteer, CASA of Travis		
County		
Student Leader, National Association for School Psychology (NASP)		
Volunteer, Street Forum		
 Distributed food, clothing, and toiletries to unhoused community members every Sunday 		
 Raised over \$2,000 to help unhoused individuals get IDs so they could get into housing 		
Reviewer of Deliberate Practice for Multicultural Orientation Book	2021	

Chapter President, APA Division 16 Student Affiliates in School
Psychology (SASP)

Ad Hoc Reviewer with Dr. Erin Rodríguez, Journal of Community Psychology
Graduate Student Representative for the 2018 School Psychology Program
Cohort
Interview Day Coordinator, UT Austin School Psychology Program

Clinical Workshops & Training Experiences

DBT Dialectical Parent Guidance, Lyvia Chriki, Ph.D., August 26, 2024 **Principles of Exposure in Stage 1 and Stage 2 DBT,** Shari Manning, Ph.D., August 19-22, 2024

Doing DBT: an Advanced Intensive Training, Charlie Swenson, Shireen Rizvi, June 9-11, 2024

DBT with **LGBTQ+** Clients, Kim Skerven, Ph.D., ABPP, DBT-LBC; Jake Camp, DClinPsy, sfDBT-Ac, June 7, 2024

Optimizing Eating Disorder Treatment with DBT, Amy Kalasunas, Ph.D., Dean Malec, Ph.D., May 20-21, 2024

DBT with Autistic Clients, Amara Brook, Ph.D., ABPP; Rachel Leah Kraus, LCSW-C, May 17, 2024

DBT for Preadolescent Children (DBT-C) Part 1, Francheska Pereplitchikova, Ph.D., Casey Anderson, LCPC, DBT-LBC, March 25, April 7-8, April 14-25, 2024

DBT Skills for Therapists in Spancih (Entrenamiento en Habilidades DBT para Terapeutas), Dr. Paula Jose Quintero, March 21-22, 2024 DBT and Chronic Pain: A Dialectical Workshop on Treating Chronic Sensory Dysregulation, Deborah Barrett, Ph.D., LCSW, March 15, 2024 Update on Assessment and Treatment of Complicated ADHD, Thomas E. Brown, Ph.D., February 23, 2024

Evidence-Based Practices for Adolescents with ADHD and Cooccurring High-Rish Behaviors, Lauren M. Haack, Ph.D., December 2023

Conceptualizing Cases in Dialectical Behavior Therapy, Shari Manning, Ph.D., November 2023

Dialectical Behavior Therapy with Families and Couples Training, Alan Fruzzetti, Ph.D., November 2023

Dialectical Behavior Therapy for Adolescents Training, Erica Tan, PsyD, October 2023

Navigating Social Media Use with Adolescents & Families: Evidence-Based Strategies for Clinicians (Society of Clinical Child & Adolescent Psychology Division 53), Sopha Choukas-Bradley, Ph.D., October 2023

Trauma-Focused Cognitive Behavior Therapy (TF-CBT), Cindy Rollo, LCSW, September 2023

Dialectical Behavior Therapy Skills for Adolescents and Caregivers, Ashley Maliken, Ph.D., August 2023

Psychopharmacology for Non-Prescribers, Glenn Hirsch, M.D., August 2023

Cognitive Behavioral Treatment for Panic Disorder and Agoraphobia, William Sanderson, Ph.D., July 2023

Optimizing Exposure Therapy for Anxiety & OCD Through Inhibitory Learning, Jonathan S. Abramowitz, Ph.D., July 2023 Families in Conflict: Working with Complex and Challenging Relationships in Therapy – Association of Contextual Behavioral Sciences Workshop, Tiffany Rochester, BPsych, MAppPsych(Clin), Daniel Simsion, LLB, BPsych, DPsych, June 2023 Harnessing the Power of Language in Psychotherapy: Clinically-Applied RFT – Association of Contextual Behavioral Sciences
Workshop, Lou Lasprugato, MFT, Phillip Cha, MFT, June 2023
Games and Frames: Enhancing your Acceptance & Commitment
Therapy with Functional Assessment and Relational Frame Therapy
– Association of Contextual Behavioral Sciences Workshop, Miranda

Using the DBT Prolonged Exposure Protocol for PTSD with Adolescents, Lorie Ritschsel, Ph.D., June 2023

Morris, Ph.D., Evan Marks, LCSW-C, June 2023

Flexibility and Responsively Providing Dialectical Behavior Therapy, Emily Wharton, PsyD., June 2023

Getting to Adherence in DBT Individual Therapy, Melanie Harned, Ph.D., Sara Schmidt, Ph.D., May 2023

Foundational Training on Antiracism in Dialectical Behavior Therapy, Faria Kamal, Ph.D., Marcus Rodriguez, Ph.D., May 2023 Dialectical Behavior Therapy – Prolonged Exposure (DBT-PE), Melanie Harned, Ph.D., Samantha Yard, Ph.D., May 2023

Parent Child Interaction Therapy: Parent Directed Interaction, Lynn Monnat, Ph.D., Texas Child Study Center, *Austin, TX*, October 2022

Parent Child Interaction Therapy: Child Directed Interaction and **DPICS Coding,** Lynn Monnat, Ph.D., Texas Child Study Center, *Austin, TX*, July 2022

Principle-Guided Psychotherapy for Children and Adolescents: The FIRST Program for Behavioral and Emotional Problems: Training for the Integrated Behavioral Health Program, Sarah Kate Bearman, Ph.D., Abby Bailin, Ph.D., The University of Texas at Austin & Dell Children's Medical Center, *Austin*, TX, June 2022

Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents, Jill Ehrenreich-May, Ph.D., Rinatte Gruen, M.S., & Dominique Phillips, B.S., June 2022

Dialectical Behavior Therapy for Substance Use Disorder (DBT SUD), Linda Dimeff, Ph.D., May 2022

Opioid Use Disorder Simulation, Diana DiNitto, Ph.D., ACSW, LCSW, AADC, Amanda Simonton, Ph.D., APRN, PMHNP-BC, Mellissa Rivera, MSN, RN, PMHNP-BC, The University of Texas at Austin, *Austin, TX*, April 2022

Integrated Behavioral Health Scholar Seminars, The University of Texas at Austin, *Austin, TX*, January-May 2022

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Web Training, TF-CBT Web Training by The National Child Traumatic Stress Network (NCTSN) and Medical University of South Carolina, January 2022

World Professional Association of Transgender Health (WPATH) Global Education Institute (GEI) Advanced Identity Evolution Workshop, December 2021

World Professional Association of Transgender Health (WPATH) Global Education Institute (GEI) Advanced Mental Health Workshop, October-December 2021

World Professional Association of Transgender Health (WPATH) Global Education Institute (GEI) Advanced Child & Adolescent Workshop, October-December 2021

Addiction and Recovery Seminars, The University of Texas at Austin, *Austin, TX*, October-December 2021

Motivational Interviewing & Standardized Patient Training, Lloyd Berg, Ph.D., ABPP, Jane Gray, Ph.D., The University of Texas at Austin, Austin, TX, October-November 2021

Alcohol Use Disorder/Ethanol Alcohol Detox Simulation, Jane Gray, Ph.D., Pippa Mason, MSW, Donna Rolin, Ph.D., APRN, PMHCNS-BC, Amanda Simonton, Ph.D., APRN, PMHNP-BC, The University of Texas at Austin, *Austin, TX*

World Professional Association of Transgender Health (WPATH) Global Education Institute (GEI) Foundations Course, July-September 2021

Dialectical Behavioral Therapy (DBT) 10-Day Intensive, Charlie Swenson, M.D., Kathryn Patrick Butts, Nachas Consulting, LCSW, July 2021, January 2022

Selective Mutism 101, Steve Kurtz, Ph.D., Kurtz Psychology Consulting, June 2021

Selective Mutism Treatment Training, Veronica Raggi, Ph.D., Kelly O'Brien, Ph.D., Alvord, Baker & Associates, LLC, June 2021

Managing & Treating Selective Mutism & Social Anxiety Disorder, Robert Schum, M.D., PESI Inc., June 2021

Dialectical Behavior Therapy Skills for Adolescents & Families (DBT-A), Marsha Linehan, Ph.D., Alec Miller, PsyD., Jill Rathus, Ph.D., Psychwire, March-May 2021

Focused Acceptance & Commitment Therapy (FACT) in context of COVID-19, Kirk Strosahl, Ph.D. & Patricia Robinson, Ph.D., The Cognitive Behavioral Therapy Training Institute (IFTCC), April 2021 Focused Acceptance & Commitment Therapy (FACT), Patricia Robinson, Ph.D., Kaiser Permanente, April 2021

Unlearning Racism Workshop, Kevin Cokley Ph.D., Germine (Gigi) Awad, Ph.D., Vida Clinic, August 2020

Unlearning Racism & Promoting Social Justice Amongst Therapists, Kevin Cokley, Ph.D., Germine (Gigi) Awad, Ph.D., Deep Eddy Psychotherapy, June 2020

