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Certification/Licensure

LPC- Licensed Professional Counselor (OR#C3102)

Education

M.A. in Community Counseling, Northern Arizona University, 2005
Phoenix, AZ
B.S. in Psychology, Arizona State University, Tempe/Glendale, AZ 1998

Selected Professional Experience

License Professional Counselor, Portland Dialectical Behavior Therapy Institute, Portland OR. 2013-Current

Manager, Adult Outpatient Team, Columbia River Mental Health, 2008-2013
 Vancouver, WA

Brief Therapy Program Manager, YORP Program Manager, Therapist, CRMHS, Vancouver, WA 2008-2009

Associate Director, Therapist, The U-Turn Foundation, Mesa, AZ 2004-2007

Therapist, Program Developer, Case Manager, Youth Development Institute, Phoenix, AZ 2000-2004

DBT Specific Training

5 day DBT Intensive Training, Linda Dimeff / Jesse Homan 2014

DBT for Substance Use with BPD, Linda Dimeff 2013

Chain Analysis Principles and Procedures, Kelly Koerner 2013

DBT and Individual Therapy, Mark Schorr 2013

DBT Skills Essentials in Action, Elizabeth Dexter-Mazza 2012

DBT Overview and Skills, Mark Schorr 2011

Treating multiple, severe disorders with DBT, Amy Wagner 2009

Other Specialized Training/Certifications

Oregon Credentials: Licensed Professional Counselor; Washington Credentials: Licensed Mental Health Counselor, Certified Marty Smith Safety Trainer, CPI/non-violent crisis intervention, National Board of Certified Counselors Certified, Mindfulness Based Relapse Prevention, Seeking Safety, Motivational Interviewing.



